

# SERVICES

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## ODDS & ENDS

**The Kirtland AFB Veterinary Clinic has two animal health providers,** Capt. Laura Embry and Dr. Beth Lipton. Clinic services include vaccinations, deworming and heartworm testing, as well as radiography, blood analysis and other various outpatient diagnostics. Call 846-4276.

**Kirtland AFB Motor Vehicle Department is open 8 a.m.-4 p.m. Monday-Friday.** Military have priority, 8-9 a.m. Call 846-8390.

The following state mandated changes are effective at the MVD:

- ★ The office will verify all social security numbers on all driver's license transactions.
  - ★ The office will require proof of insurance on all vehicle transactions.
  - ★ Replacement plate fee increases to \$15.
  - ★ MVD charges an extra \$.50 administrative fee on drivers licenses and identification cards.
- Call 846-8390 for more information.

**The 377th Services Squadron's action line for customers is 846-0588.** Callers can present their concerns and questions to the squadron leadership and receive timely, personal responses.

### SERVICES *Did you know?*

#### Who to call to reserve a park

Bicentennial Park.....846-1499  
 Millennium Park..... 846-1499  
 Green Grass Park.....846-2042  
 Hardin Parade Field..... 846-4119

**The Plaques and Awards Shop offers award plaques, special order flag boxes, acrylic awards, pen/pencil sets and more.** Call 846-1070.

**Back by Popular Demand! Join Outdoor Recreation for a morning of horseback riding** in the Sandia Mountains and Cibola National Forest. Trip includes horses, guide, transportation and lots of fun. Space is limited so sign up early. Trip leaves Outdoor Rec at 8 a.m. and returns around 11 a.m. All ages, cost is \$30 per person, **May 22.** call 846-1499.

## TRAVEL

**Outdoor Recreation has white water rafting trips** down the Rio Grande, **tomorrow and May 29.** Cost is \$60 a person. Trips leave at 5:30 a.m. and return around 6 p.m. Call 846-1499.

**Information, Tickets and Travel Leisure Travel Office offers many trips** to places like St. Thomas, Bolongo Bay Beach Club, Clearwater, Fla., Las Vegas, Nev. and Hawaii. Call 846-2924.

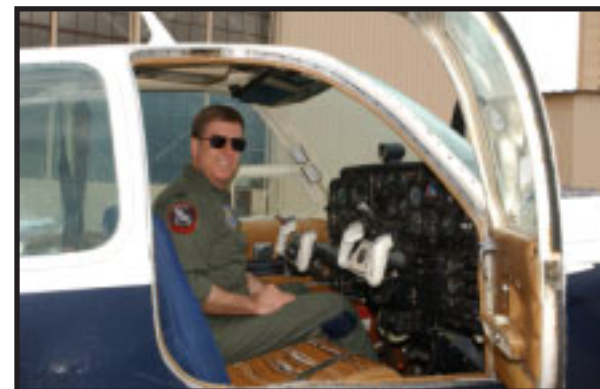
**Join the Outdoor Recreation staff for this fun adventure to Sky City.** The ancient pueblo of Acoma has changed very little for hundreds of years; it will inspire your imagination and emotions. Adults, \$14, 18 years and older; seniors, \$13, 60 years and older; children, \$11, 6 to 17 years old; Children under 6, \$3; **May 23.** Price includes entrance fee and transportation. Leave Outdoor Recreation at 8 a.m. and return (estimated) 4 p.m. Call 846-1499.

**Tickets and Travel has many ticket specials. Here are just a few:**

- ★ Disneyland tickets valid through **June 19**
- ★ Ft. Lauderdale, Fla., one bedroom high and low season: through **Dec.15** \$116.70

## Take Off at the Kirtland Flight Center!

**Col. Douglas Lincoln from AFOTEC gets comfortable in a Beech Baron before taking to the New Mexico skies.** Call 846-7698.



## The Kirtland Flight Center Offers:

- Training ranging from Private Pilot ratings to Airline Transport ratings.
- Discovery flights: At \$100 an hour one can experience the beautiful views of the Sandia mountains, the Rio Grande River, and other parts of New Mexico.
- An authorized Lasergrade FAA testing facility.
- A fleet of nine aircraft which includes five high performance Cessna 172's, one Piper Warrior and Arrow, one Cessna 182 RG, and one multi engine Beech Baron.
- A staff experienced and professional flight instructors to ensure the safest and most enjoyable training possible.



- ★ Six Flags Fiesta 04 (San Antonio, Texas) \$24.50
- ★ San Diego Zoo \$26 and \$15.50, Legoland \$31.50
- ★ Disney World four day hopper \$233.24 (regular price), \$209.50 (ITT discount)
- ★ Hotel vouchers: Anaheim Best Western \$69 high season.
- ★ Florida Cypress Pointe Resort one bedroom \$71.50
- ★ Vouchers for the Drury Inn, stop by ITT for different locations.
- ★ Entertainment Books available for sale for \$35, for the 2004 season.
- ★ Six Flags Elitch Gardens, Denver, Colo. Buy three tickets get one free. Valid through **June 30.** Call, 846-2924.

## YOUTH CENTER

**Youth Programs has scholarship applications to attend the Air Force Space Camp, Aug. 2-8 in Huntsville, Ala.** Children ages 12-18 are eligible to apply for the scholarships which cover tuition, food and lodging. Call Roy Summers at 846-4092.

**The Air Force Services Family Member Program is offering the AF Read-By-Mail/Book Adventure Program.** Participants must be in kindergarten through eighth grade and a member of the Kirtland Youth Programs. The program ends **May 15.** Call 846-4092.

# SPORTS

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*Learn to Kayak*  
Outdoor Recreation



Call  
846-1499

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## CLASSES

A Kayak Touring class is offered, which consists of three parts. A classroom lecture, a pool session and a trip to one of the local lakes for an over night kayak trip. All paddle gear included. Cost is \$150 per person. **May 25, 27, 29-30**, Tue. 6-9 p.m., Thur. 5:30-8 p.m., Sat. 7 p.m. departure, Sun. 6 p.m. return. Call 846-1499.

PT Prep is a circuit training and aerobics class combined. It is designed to keep the heart rate up while working on circuit exercises that focus on push-ups and sit-ups. The aerobic portions focus on intense exercises—jumping jacks, sprints, hustlers, shuffles, body builders—that build cardiovascular

endurance to help with the PT run. PT Prep is **Mondays**, 6 a.m. and 4 p.m. and **Wednesdays** and **Fridays** at 6 a.m. Call 846-1102.

The Low-Impact Aerobics class begins at 9:30 a.m. **Mondays, Wednesdays** and **Fridays** at the East Fitness Center. Call 846-1102.

Recall the glory days of boot camp while getting into shape. Classes are **Wednesdays**, 5 p.m., at the East Fitness Center. Call 846-1073.

Indoor cycling classes are held at the East Fitness Center, **Monday-Thursday**, 6 p.m. and **Saturday**, 1 p.m. Call 846-1073.

Water aerobics is open on a pay-by-the-day basis at no additional charge with no additional charges on pool passes. Classes are **Mondays, Wednesdays** and **Fridays**, 10-11 a.m., and 11 a.m.-noon; and **Mondays** and **Wednesdays**, 5:30-6:30 p.m.

A 4th Annual Memorial Day run is May 30. Start and finish is at the Veterans Memorial at Louisiana and Gibson. Half marathon starts at 6:50 a.m., 5-K run/walk is at 7 a.m. and kids one-mile fun run is at 8:45 a.m. Register online at [www.signmeupsports.com](http://www.signmeupsports.com) or pick up forms at the East Fitness Center. Cost for race is \$20 if registered by **May 23**, \$25, **May 24-28**, and \$30 **May 29**.

Ever wanted to feel the rush of a running river, or relax in the calm peace of touring on a lake. Well, kayaking is the best way to get you there and rolling is a basic but critical skill needed to become a proficient paddler. Join our roll clinic to learn about safety techniques, wet exits, bow rescue and of course kayak rolling. This class will be a prerequisite for the beginning white water class later in the summer! **Thursday, May**

**20**, 5:30-8 p.m. Cost-\$15 with personal gear \$20 without. Five-student min, eight-student max.

## CLUBS

The Kirtland Olympic pool offers a Masters Swim Team run by the Kirtland Aquatics Club. A great opportunity to get into shape and swim competitively, if desired. Call 271-9586.

Flag Football League practice begins June 18. Games will be played Monday through Thursday starting at 5:30 p.m. Cost is \$35 for members and \$45 for non-members. Call 853-5437.

Fitness Center Handball Club meets 11 a.m.-1 p.m. in courts 2 and 5 for challenge games. New members are always welcome. Contact Bob Sanchez at 846-2454 or John Nowicki at 883-3018.

**Fitness Center  
Handball Club**



11 a.m. - 1 p.m.  
Courts 2 & 5

For information call  
846-2454 or 883-3018

## Yoga Classes

Saturdays at 11:00 a.m.

Call  
846-1102

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East Fitness Center  
G Ave & Texas St.

## GOLF

Join Tijeras Arroyo Golf Course for the 377th Air Base Wing Spring Scramble. Shotgun start is May 28, 1 p.m. A Demo Day also takes place with brand names like Titleist, Cobra and Srixon. \$35 per person includes greens fees, range balls, cart, dinner and prizes. Sign up in the pro shop or call 846-1169.

Junior Golf Camp will be held June 14-18. Classes will be conducted Monday - Thursday 8:30 a.m. to 10:30 a.m. and Friday 8:30 a.m. to 11 a.m. Youth are not required to have prior knowledge of the game of golf. The program is open to ages 8-17. Parents can sign up their children at the Youth Center. Cost is \$30 per student. For additional information call the Youth Center at 846-4092.